

Gratitude

CONVERSATION STARTERS

How has someone helped you lately?

What's one nice thing you did for someone today?

What is something that makes your life easier?

What book did you love reading?

When did you feel peaceful today?

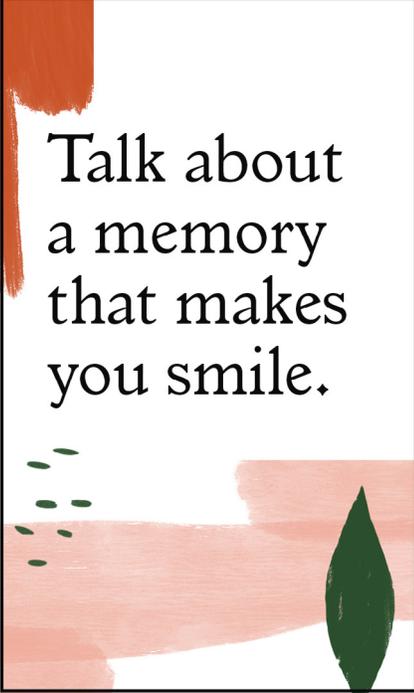
Who made you smile today, and why?



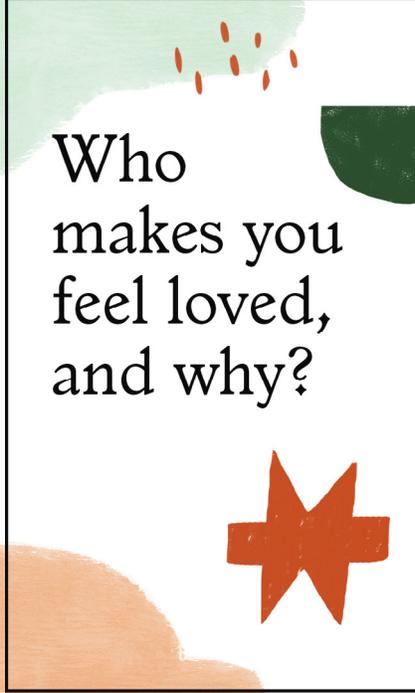
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Talk about a memory that makes you smile.



Who makes you feel loved, and why?



What's a kind thing a friend has done for you?



What is something you're good at?



What helps you relax?



Which holiday are you most thankful for?



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Talk about a wish you made that actually came true.

What smell makes you feel happy?

What was the most delicious food you ate today?

What is something beautiful you saw today?

What song makes you happy when you hear it?

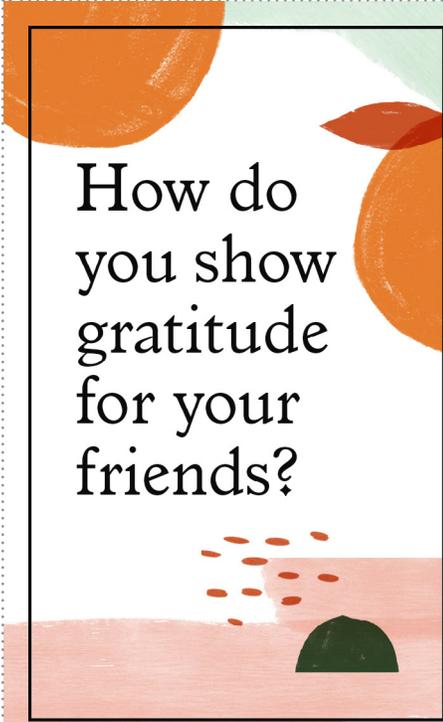
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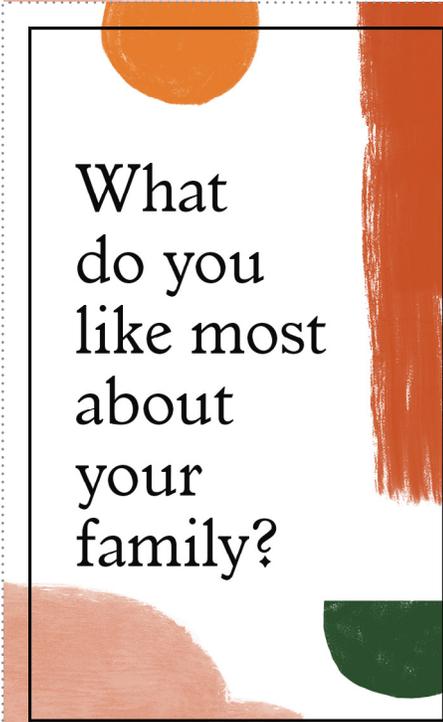
How do you show gratitude for your friends?



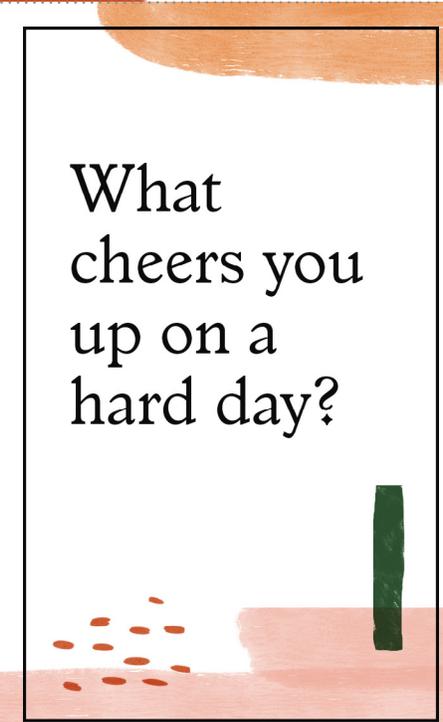
What new thing have you learned lately?



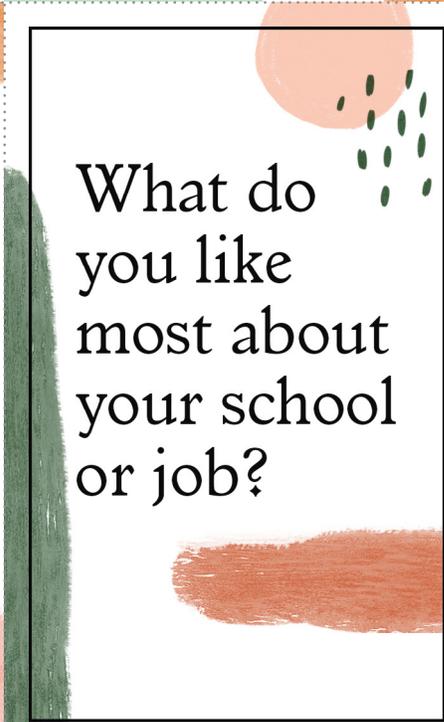
What makes you feel the most cozy?



What do you like most about your family?



What cheers you up on a hard day?



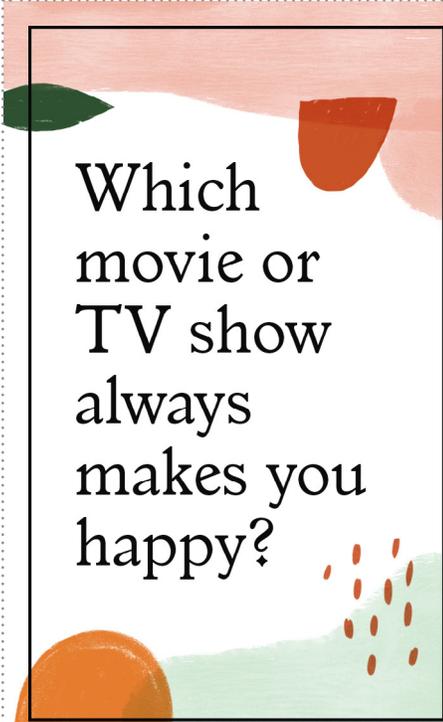
What do you like most about your school or job?



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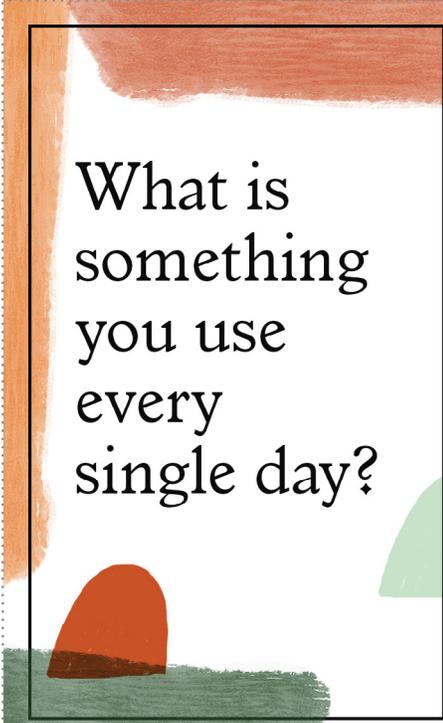
Which movie or TV show always makes you happy?



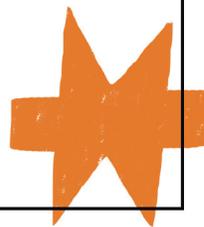
What's the best thing that happened today?



What's one nice thing about today's weather?



What is something you use every single day?



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